

FAIRFIELD

COUNTRY REST HOME

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EXAMPLE MENU – WEEK 4

DAYS	LUNCH	TEAS
MONDAY	MINCE (2 DIFFERENT MEALS) WITH POTATOES AND VEGETABLES	HOTDOGS OR A CHOICE OF SANDWICHES
TUESDAY	SAUSAGES OR BEEF GRILLS WITH POTATOES AND VEGETABLES	CHEESE SCONES OR A CHOICE OF SANDWICHES
WEDNESDAY	CHICKEN & HAM PIE OR QUICHE WITH POTATOES AND VEGETABLES	MUSHROOMS ON TOAST OR A CHOICE OF SANDWICHES
THURSDAY	ROAST BEEF WITH ALL THE TRIMMINGS OR ROAST BEEF SALAD WITH MASH	CRUMPETS OR A CHOICE OF SANDWICHES
FRIDAY	FISH PIE OR FISH FINGERS WITH CHIPS OR MASHED POTATOES AND VEGETABLES	EGG SALAD OR A CHOICE OF SANDWICHES
SATURDAY	LIVER & BACON OR BEEF GRILLS WITH POTATOES AND VEGETABLES	SAUSAGE ROLLS OR A CHOICE OF SANDWICHES
SUNDAY	ROAST LAMB WITH ALL THE TRIMMINGS OR ROAST LAMB SALAD WITH MASH	A CHOICE OF SANDWICHES OR SOUP OR CHEESE WITH BISCUITS JELLY & ICE CREAM

The daily sweet will be decided on the day by the cook.