

FAIRFIELD

COUNTRY REST HOME

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EXAMPLE MENU – WEEK 3

DAYS	LUNCH	TEAS
MONDAY	CORN BEEF HASH OR BEEF GRILLS WITH POTATOES AND VEGETABLES	CHEESE ON TOAST OR A CHOICE OF SANDWICHES
TUESDAY	CHICKEN CASSEROLE WITH RICE OR CHICKEN CASSEROLE WITH POTATOES AND VEGETABLES	PANCAKES OR A CHOICE OF SANDWICHES
WEDNESDAY	MINCE (2 DIFFERENT MEALS) WITH POTATOES AND VEGETABLES	SCONE, JAM & CREAM OR A CHOICE OF SANDWICHES
THURSDAY	ROAST CHICKEN WITH ALL THE TRIMMINGS OR ROAST CHICKEN SALAD WITH MASH	SCRAMBLED EGGS OR A CHOICE OF SANDWICHES
FRIDAY	FISH CAKES WITH CHIPS & VEGETABLES OR TUNA SALAD WITH MASH	TEA CAKES OR A CHOICE OF SANDWICHES
SATURDAY	MINCE (2 DIFFERENT MEALS) WITH POTATOES AND VEGETABLES	BEANS ON TOAST OR A CHOICE OF SANDWICHES
SUNDAY	ROAST PORK WITH ALL THE TRIMMINGS OR ROAST PORK SALAD WITH MASH	A CHOICE OF SANDWICHES OR SOUP OR CHEESE WITH BISCUITS JELLY & ICE CREAM

The daily sweet will be decided on the day by the cook.