

FAIRFIELD

COUNTRY REST HOME

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EXAMPLE MENU – WEEK 2

DAYS	LUNCH	TEAS
MONDAY	MINCE (2 DIFFERENT MEALS) WITH POTATOES AND VEGETABLES	TOMATOES ON TOAST OR A CHOICE OF SANDWICHES
TUESDAY	SWEET AND SOUP CHICKEN WITH RICE OR CHICKEN CASSEROLE WITH POTATOES AND VEGETABLES	SCRAMBLED EGGS OR A CHOICE OF SANDWICHES
WEDNESDAY	ROAST PORK WITH ALL THE TRIMMINGS OR ROAST PORK SALAD WITH MASH POTATOES	MACARONI CHEESE OR A CHOICE OF SANDWICHES
THURSDAY	GAMMON OR BEEF GRILLS WITH POTATOES AND VEGETABLES	PIZZA OR A CHOICE OF SANDWICHES
FRIDAY	FISH PIE OR FISH FINGERS WITH CHIPS OR MASH POTATOES AND VEGETABLES	CRUMBETS OR A CHOICE OF SANDWICHES
SATURDAY	MINCE (2 DIFFERENT MEALS) WITH POTATOES AND VEGETABLES	PILCHARDS ON TOAST OR CHOICE OF SANDWICHES
SUNDAY	ROAST CHICKEN WITH ALL THE TRIMMINGS OR ROAST CHICKEN SALAD WITH MASH	A CHOICE OF SANDWICHES OR SOUP OR CHEESE WITH BISCUITS JELLY & ICE CREAM

The daily sweet will be decided on the day by the cook.