

FAIRFIELD

COUNTRY REST HOME

Launcells - Nr Bude – Cornwall – EX23 9NH

TELEPHONE: 01288 381241

FAX: 01288 381199

EMAIL: admin@fairfieldcountryresthome.com



EXAMPLE MENU – WEEK 1

DAYS	LUNCH	TEAS
MONDAY	MINCE (2 DIFFERENT MEALS) WITH POTATOES AND VEGETABLES	EGG & BACON OR A CHOICE OF SANDWICHES
TUESDAY	BEEF GRILLS OR SAUSAGES WITH POTATOES AND VEGETABLES	CHEESE ON TOAST OR A CHOICE OF SANDWICHES
WEDNESDAY	ROAST CHICKEN WITH ALL TRIMMINGS OR CHICKEN SALAD WITH MASH POTATOES	SCONES, JAM & CREAM OR A CHOICE OF SANDWICHES
THURSDAY	HASH OR BEEF GRILLS WITH POTATOES AND VEGETABLES	TEA CAKES OR A CHOICE OF SANDWICHES
FRIDAY	FISH CAKES WITH CHIPS AND VEGETABLES OR TUNA SALAD WITH MASH POTATOES	BEANS ON TOAST OR A CHOICE OF SANDWICHES
SATURDAY	CHICKEN CURRY WITH RICE OR CHICKEN CASSEROLE WITH POTATOES AND VEGETABLES	SAUSAGE ROLLS OR A CHOICE OF SANDWICHES
SUNDAY	ROAST BEEF WITH ALL THE TRIMMINGS OR ROAST BEEF SALAD WITH MASH POTATOES	A CHOICE OF SANDWICHES OR SOUP OR CHEESE WITH BISCUITS JELLY & ICE CREAM

The daily sweet will be decided on the day by the cook.